



# Neighbors



## FROM THE DIRECTOR'S DESK

Spring is here officially here!

- Remember that you are now responsible for your lawn care. Per the House Rules, you must not cut it too low to the ground. We require that it is no longer than 5” in height. If you let it get beyond this height you will be sent a notice. If you do not take care of it after the notice, maintenance staff will contract your yard to be mowed at your expense.
- You must store your lawn mower in the garage along with the gas can for your mower. Please remember gas cans are NOT allowed to be stored inside of your home.
- If you have planted flowers, make sure they are walled off. You must keep that area and the mulched area maintained and weeded.
- If you have children, please make sure they are playing in their own yards. Always be courteous and kind to everyone.
- Make sure all trash and toys are being picked up from your yards.
- When using a grill, make sure that it must be at least 10 feet from the building. NO FIRE PITS ALLOWED.

Stay Safe and Stay Healthy!

*Dionne Wyatt, CEO*



**Address:**  
 P.O. Box 303  
 760 Anderson St.  
 Carlinville, 62626  
 (217) 854-5393  
 Fax: (217) 854-8749

**Office Hours:**  
 Monday & Tuesday  
 8 a.m.-4:30 p.m.  
 CLOSED WEDNESDAY  
 Thursday & Friday  
 8 a.m.-4:30 p.m.

**EMERGENCY NUMBER:**  
 (217) 827-2100  
 EMERGENCIES INCLUDE:

- ◆ Gas leaks
- ◆ Broken water pipes
- ◆ Exposed electrical wires
- ◆ No heat (if the outside temperature is 45-degrees or lower)
- ◆ Sewer line stoppage (not drain line)- this includes a clogged toilet
- ◆ CO/Smoke detector beeping or chirping

Also fire, flood, or anything that threatens life, safety or property damage.

# **PREVENTATIVE MAINTENANCE INSPECTIONS FOR MARCH**

## **Horizon Lane**

**INSPECTIONS MAY TAKE PLACE ON ANY DAY OF THE MONTH  
BETWEEN THE HOURS OF**

**8:00 A.M.- 4:30 P.M., MONDAY-FRIDAY**

\*Q&A (Quality Assurance) inspections may take place on work orders and inspections anywhere from 3-5 days after the inspection/work order happened.

### Monthly cleaning tips:

- Making time for cleaning starts with planning your days. If you schedule time for cleaning, it's more likely to happen. Using a day planner, cleaning at the same time every day, and making cleaning a priority are helpful ways to make sure your home is nice and tidy.
- Cheat at cleaning! Take shortcuts where necessary. Vacuum only high traffic areas daily. Use an old sock over your hand to dust as you declutter.
- Multi-task: do mindless cleaning tasks while you do something else. Fold laundry and watch TV, Clean the kitchen up as you talk on the phone.
- Break your chores into chunks: Get yourself motivated for a big job by starting with a small step and continuing to move forward. Before you know it, the whole room is clean!
- Only clean what's dirty: Skip things that don't "look dirty"! If the fridge isn't that bad, skip it that week! Daily maintenance will make it easier to get things done and even skip the things you aren't a fan of!

*St. Francis Way Clinic*



*Health & Wellness Center*

805 St. Francis Way ~ Litchfield ~ 217-250-2380  
118 W. Chestnut St. ~ Gillespie ~ 217-839-7200



*Empowering individuals by providing comprehensive care and advocating for recovery in order to help them live a productive life based on inner-strength, hope, resiliency, and self-worth.*

**SERVICES INCLUDE:**

- Medication Assisted Treatment/Recovery
- Weekly access to a Care Team
- Individual therapy
- Group therapy
- Case Management

**TREATMENT FOR:**

- Substance Use Disorder
- Depression & Anxiety
- PTSD / OCD / ADD / ADHD
- Bi-polar disorder
- Schizophrenia
- Eating disorders

**BEHAVIORAL CARE PROVIDERS ON STAFF**



**Macoupin County Public Transportation**

112 S. Macoupin St. Gillespie, IL 62033  
Call 217-839-4132 to reserve your seat